



RP2 - GOURMET MENU

Farm to Table All Natural Foods

"Earning Your Families Trust One Family At A Time!"

Since 1946

USDA All Natural Aged 18-21 Days Steaks

Your Choice of 12 Packages

- ___ 1012750 Filet Mignon 2/8oz
- ___ 1014951 Sirloin Steak 2/8oz
- ___ 1014151 Rib Eye Steak 2/11oz
- ___ 1015550 T-Bone Steak 1/16oz
- ___ 1013950 Porterhouse Steak 1/16oz
- ___ 1013150 Flank Steak 1/24oz

USDA ALL-Natural Beef Roast

Your Choice of 3

- ___ 1016670 Beef Brisket Cut In Half 3 lb
- ___ 1016970 Beef Roast Cut In Half 3 lb
- ___ 1017370 Chuck Roast Cut In Half 3 lb
- ___ 1017570 Chuck Roast Boneless/Rolled/Tied 3 lb
- ___ 1017770 Eye Of Round Roast Cut In Half 3.5 lb
- ___ 1018070 London Broil Cut In Half 3 lb
- ___ 1018870 Rump Roast - Cut In Half 3 lb
- ___ 1019170 Sirloin Tip Roast Cut In Half 3.5 lb

Gourmet Ground Beef

Your Choice of 26 Packages

- ___ 1011533 Ground Beef Bulk 70% Lean/16oz
- ___ 1011530 Ground Beef Bulk 85 % Lean/16oz
- ___ 1011531 Ground Beef Extra Lean 95%/16oz
- ___ 1011730 Ground Beef Patties 85% Lean 4/4oz
- ___ 1011731 Ground Beef Patties Extra Lean 4/4oz
- ___ 1011750 Anniversary Blend Patties 87% Lean 4/6oz

Specialty Meats

Your Choice of 9 Packages

- ___ 1010710 Steak Strips Stir Fry 16oz
- ___ 1010910 Stew Beef 16oz
- ___ 1011115 Beef Philly Steak Slices 4/4oz
- ___ 1010110 Bones For Dog 16oz
- ___ 1019880 Beef Top Sirloin Cubes (*Cubes For Kabobs*) 16oz
- ___ 1012350 Cube Steak 4/4oz
- ___ 1015350 Skirt Steak 1.5lb
- ___ 1019375 Beef Tenderloin Tips 16oz
- ___ 3037310 Beef Short Ribs 16oz
- ___ 3037110 Beef Back Ribs 16oz

Seafood USDA Inspected

Your Choice of 8

- ___ 4041110 Catfish Filet 2lb
- ___ 4044510 Uncooked Shrimp Peeled & Deveined 2lb
- ___ 4041710 Grouper Filet 2lb

Seafood USDA Inspected

continued

- ___ 4041810 Mahi Mahi 2lb
- ___ 4042310 Orange Roughy Filet 2lb
- ___ 4042510 Red Snapper Filet 2lb
- ___ 4042710 North Atlantic Salmon Filet 1.75lb
- ___ 4042725 Triggerfish 2lb
- ___ 4043110 Swordfish Steak 1.5lb
- ___ 4043510 Rainbow Trout Butterfly Filet 2lb
- ___ 4044225 Sea Scallops From Red's Best 1lb
- ___ 7081560 Crab Cakes Gourmet 2/6oz

All Natural Select Pork

Your choice of 10 Packages

- ___ 3030110 Pork Chops 4/6oz
- ___ 3030116 Pork Chops Cut 1" Thick 4 20oz
- ___ 3030310 Boneless Pork Chops 4/6oz
- ___ 3030315 Boneless Pork Chops Cut 1/2" Thick 4/4oz
- ___ 3030510 Boneless/Butterfly Pork Chops 4/4oz
- ___ 3031130 Pork Steak 8oz
- ___ 3031340 Pork Tenderloin 16oz
- ___ 3038112 Ground Pork 1lb
- ___ 3035850 Deli Ham Steaks 1/2" Thick 5 Pkgs.
- ___ 3032360 Boneless Pork Roast Cut In Half 3.5lbs
- ___ 3031660 Boston Butt Pork Roast Cut In Half 3.5lbs

All-Natural Poultry

Your choice of 30 packages

- ___ 2020310 Chicken Breast Boneless/Skinless 4/4oz
- ___ 2020110 Bone-In Chicken Breasts 4/1.5lb
- ___ 2020411 Ground Chicken Breast 1lb
- ___ 2021930 Skinless Chicken Drumsticks 4/16oz
- ___ 2022030 Chicken Drumsticks Legs 4pc
- ___ 2022180 Chicken Leg Quarter Leg/Thigh 4/pack
8 Pc Total
- ___ 2022230 Chicken Thighs 4/25oz
- ___ 2022430 Chicken Wings Uncooked 5lb
- ___ 2023040 Chicken Fryer Cut Up 3lb
- ___ 2024450 Chicken Roaster / Fryer Whole 3lb
- ___ 2025465 Breaded Chicken Fillet Patties
Fully Cooked 2.5lbs
- ___ 2025560 Breaded Chicken Tenders 2lb
- ___ 2025660 Unbreaded Chicken Tenders 2lb
- ___ 2025260 Chicken Nuggets Heat & Serve 2lb

Cascadian Farms Organic Vegetables

Your Choice of 35 Packages

- ___ 4245240 Organic Cut Green Beans 10oz
- ___ 4249748 Organic Baby French Beans 10oz
- ___ 4245740 Organic Mixed Vegetables 10oz
- ___ 4246240 Organic Sweet Corn 10oz
- ___ 4246340 Organic Petite Green Peas 10 oz.
- ___ 4247040 Organic Chopped Spinach 10oz
- ___ 4247540 Organic Broccoli Florets. 10 oz.
- ___ 4249745 Organic Sugar Snap Peas 10. oz.
- ___ 4249746 Organic Petite Brussels Sprouts 10. oz
- ___ 4249747 Organic Sliced Okra 10oz

Cascadian Farms Organic Fruits

Your Choice Of 6

- ___ 4249740 Organic Whole Strawberries 10oz
- ___ 4249640 Organic Blueberries 10oz
- ___ 4249440 Organic Red Raspberries 10oz

Bison, Veal and Lamb

Bison Your Choice of 2

- ___ 5965765 Ground Bison Burger Patties 3/5.33oz 16oz pkg
- ___ 5965760 Ground Bison 16oz
- ___ 5965770 Bison Cube Steaks 10oz
- ___ 5965767 Bison New York Strips. 1/10oz
- ___ 5965766 Bison Ribeye Steak 1/10oz
- ___ 5965775 Ground Elk 16oz

Veal Your Choice of 2

- ___ 4040920 Breaded Veal Patties 4/4oz
- ___ 4040910 Veal Cutlets 8 Count

Lamb Your Choice of 2

- ___ 4040220 Ground Lamb 16oz pkg
- ___ 4040110 Lamb Chops 4/4 oz
- ___ 4040750 Frenched Australian Rack of Lamb 1.5lb

Gourmet Desserts

Cookie Dough Your Choice 2

- ___ 5661270 Chocolate Chip Cookie Dough 2lb
- ___ 5661470 Oatmeal Raisin Cookie Dough 2.5lb
- ___ 5661670 Peanut Butter Cookie Dough 2.5lb
- ___ 5661870 White Chocolate Macadamia Nut Cookie Dough 2lb

Cheesecakes Your Choice of 2

- ___ 5058110 Amaretto Cheesecake 16 Slices
- ___ 5058210 Chocolate Marble Cheesecake 16 Slices
- ___ 5058310 Plain Cheesecake 16 Slices
- ___ 5058610 Pumpkin Cognac Cheesecake 16 Slices
- ___ 5058410 Tiramisu Cheesecake 16 Slices

Pies & Tarts Your Choice of 2

- ___ 5660860 Apple Crisp Cobbler 2lb
- ___ 5660050 Apple Pie 10"
- ___ 5660055 Cherry Pie 10"
- ___ 5660750 French Silk Pie 10"
- ___ 5660550 Key Lime Pie 10"
- ___ 5660450 Pecan Pie 10"
- ___ 5660150 Pumpkin Pie 10"

• This menu is designed for 2 people in the family cooking at home 5-6 nights per week based over a 6-month food plan.

• Rich Plan offers 3 Easy ways to pay. All major credit cards, 90 days same as cash, open account easy payments over 6 months.

Maintaining Control

- Unlike grocery stores who may outsource processing to a third party, we maintain control over our proteins at our own federally inspected, ultra-sanitary facility in Tifton, Georgia.
- All items are hand trimmed to remove excess fat, providing you with more food for your money.
- Because we keep everything in house, we can ensure that your food is minimally processed with no chemicals added for preservation, and no water or saline added to plump up the product or increase shelf life.
- We even grind our own ground beef.
- Hand trimmed
- Individually packed, portion controlled
- Freshness sealed in
- USDA inspected daily
- All items are individually packaged, and portion controlled for health, convenience, and variety.
- Now, whether you are feeding a few or many, you can simply pull out exactly what you need. Meal prep is a snap and food waste is greatly reduced.
- Most USDA facilities are inspected on a quarterly basis, with a head's up that someone will be visiting.
- Kind of like how you know to make sure your house is spotless before the mother-in-law visits.
- We are inspected daily.

**For More information on becoming a Rich Plan Member:
Phone: 1.800.662.FOOD (3663) Contact us thru the
website www.myrichplan.com or Face Book us at Rich
Plan.**