



# RP3 - REGULAR MENU

*Farm to Table All Natural Foods*

*"Earning Your Families Trust One Family At A Time!"*

*Since 1946*

## Triple Trimmed All Natural Steaks Fully - aged, grain fed grass finished Black Angus Beef

*Your Choice of 9 Packages*

- \_\_\_\_\_ 1014351 Rib Eye Steak 2ct/7oz
- \_\_\_\_\_ 1012955 Filet Mignon 2ct/4oz
- \_\_\_\_\_ 1013551 New York Strip Steak 2ct/7oz
- \_\_\_\_\_ 1014955 Top Sirloin Steak 2/Pak 6oz
- \_\_\_\_\_ 1015550 T- Bone Steak 1/Pack 16oz
- \_\_\_\_\_ 1013950 Porterhouse Steak 1/Pak 16oz

## Lean All Natural Beef Roast

*Your Choice of 3*

- \_\_\_\_\_ 1017470 Boneless Chuck Roast 3.5lb
- \_\_\_\_\_ 1017370 Chuck Roast Cut in Half 2ct/ 3.5lb
- \_\_\_\_\_ 1018770 Rump Roast 3.5lb
- \_\_\_\_\_ 1018870 Rump Roast Cut in Half 2ct/3.5lb
- \_\_\_\_\_ 1019070 Sirloin Tip Roast 3.5 lb
- \_\_\_\_\_ 1019170 Sirloin Tip Roast Cut in Half 2ct/3.5lb
- \_\_\_\_\_ 1017670 Eye Round Roast 3.5lb
- \_\_\_\_\_ 1017770 Eye of Round Roast Cut in Half 2ct/3.5lb
- \_\_\_\_\_ 1017970 London Broil 3lb
- \_\_\_\_\_ 1018070 London Broil Cut in Half 2ct/ 3lb

## Lean Specialty Meat

*Your Choice of 6*

- \_\_\_\_\_ 5053550 Beef Fajitas Strips 16oz
- \_\_\_\_\_ 1010910 Beef Stew 16oz
- \_\_\_\_\_ 1010710 Steak Strips for Stir Fry 1lb
- \_\_\_\_\_ 1011115 Philly Steak Slices 4/Pak 4oz 16oz
- \_\_\_\_\_ 1012350 Beef Cube Steaks 4/Pak 4 oz 16oz

## All Natural Gourmet Ground Beef

*Your Choice of 39*

- \_\_\_\_\_ 1011530 Ground Beef Bulk 85 % Lean 16 oz Pkg
- \_\_\_\_\_ 1011531 Ground Beef Bulk 90 % Lean 16 oz Pkg
- \_\_\_\_\_ 1011730 Ground Beef Patties 4/4oz 16 oz Pkg

## Specialty Seafood

*Your Choice of 3*

- \_\_\_\_\_ 4041110 Catfish Filet 2lb
- \_\_\_\_\_ 4041310 Cod Filets 2lb
- \_\_\_\_\_ 4042715 Wild Caught Sockeye Salmon Filets 2lb.
- \_\_\_\_\_ 4043310 Talapia Filets 2lb
- \_\_\_\_\_ 4043715 Yellow Fin Tuna 4 Filets/Pak 1.5lb
- \_\_\_\_\_ 4041580 Fish Sticks 2lb
- \_\_\_\_\_ 4043810 Whiting Filets 2lb
- \_\_\_\_\_ 4043811 Haddock Filets 2lb
- \_\_\_\_\_ 4042910 Sole Fillet 2lb

## Premium Pork Vegetarian Fed No Animal By Product or Hormones

*Your Choice of 10 Packages*

- \_\_\_\_\_ 3030110 Bone In Pork Chops 4/Pak 6oz 1.5 lb Pak
- \_\_\_\_\_ 3030115 Bone In Pork Chops 4/Pak 1/2 " Thick 1.5 lb Pak
- \_\_\_\_\_ 3030310 Boneless Pork Chops 4/Pak 6oz 1.5 lb Pak
- \_\_\_\_\_ 3030315 Boneless Pork Chops 4/4 oz 1/2" Thick 1 lb Pak
- \_\_\_\_\_ 3030510 Boneless Butterfly Pork Chops 4/Pak 2lb
- \_\_\_\_\_ 3031340 Pork Tenderloin 1lb

*Your Choice of 1*

- \_\_\_\_\_ 3032160 Boneless Pork Roast 2.5lb
- \_\_\_\_\_ 3031760 Bone in Pork Roast 3.5 lb

*Your Choice of 1*

- \_\_\_\_\_ 3037520 Country Style Ribs 2 Pieces 3lb
- \_\_\_\_\_ 3037620 Spare Ribs 3lb
- \_\_\_\_\_ 3037720 Baby Back Ribs 3lb

## Quick & Easy Dinners

*Your Choice 6 Meals*

- \_\_\_\_\_ 1019795 Meatloaf 16 oz
- \_\_\_\_\_ 2023870 Broccoli & Cheese Chicken Breast 4/7oz
- \_\_\_\_\_ 2026290 Chicken Kiev 4/7oz
- \_\_\_\_\_ 2026090 Chicken Cordon Bleu 4/7oz
- \_\_\_\_\_ 5050676 Lasagna w/ Meat Sauce Ind. 6-11oz.
- \_\_\_\_\_ 5053660 Enchiladas Beef & Cheese 1.75lb
- \_\_\_\_\_ 5053370 Chicken Enchiladas 1.75lb
- \_\_\_\_\_ 7081600 Pierogies 2lb

## Grade A Poultry Free Range, Certified Humane Raised & Handle in an Antibiotic Growth Stimulant Free Environment

*Your Choice of 9*

- \_\_\_\_\_ 2020310 Boneless/Skinless Chicken Cutlets  
4/Pak 5oz ea 1lb
- \_\_\_\_\_ 2020110 Bone-in Chicken Breast 4/Pak 1.5lb

*Your Choice of 4*

- \_\_\_\_\_ 2025660 Unbreaded Chicken Tenders 2lb
- \_\_\_\_\_ 2025560 Breaded Chicken Tenders 2lb
- \_\_\_\_\_ 2025460 Breaded Chicken Patties 2lb
- \_\_\_\_\_ 2023440 Breaded Gluten Free Chicken Nuggets 2.lb

*Your Choice of 4*

- \_\_\_\_\_ 2024450 Whole Fryers 3lb
- \_\_\_\_\_ 2023040 Cut-up Fryers 3lb

*Your Choice of 10*

- \_\_\_\_\_ 2022180 Chicken 4 Legs & 4 Thighs 25oz
- \_\_\_\_\_ 2022230 Bone-in Chicken Thighs 4/Pak 25oz
- \_\_\_\_\_ 2022030 Chicken Drumsticks ( Legs) 4/Pak 1.25lb

**All Natural Vegetables Portion Controlled**  
**Vine Ripened Flash Frozen to Lock in Freshness**

*Your Choice of 52 Pkgs*

- \_\_\_\_\_ 4145110 French Cut Green Beans 8oz
- \_\_\_\_\_ 4145210 Regular Cut Green Beans 8.oz.
- \_\_\_\_\_ 4145310 Chopped Green Peppers 8oz
- \_\_\_\_\_ 4145410 Diced Onions 8.oz
- \_\_\_\_\_ 4145520 Mixed Vegetables 8.oz.
- \_\_\_\_\_ 4145620 Oriental Blend 8oz
- \_\_\_\_\_ 4145720 Stew Vegetables 8oz
- \_\_\_\_\_ 4145930 Shoepeg Cut Corn 8oz
- \_\_\_\_\_ 4146030 Blackeye Peas 8oz
- \_\_\_\_\_ 4146130 Corn on the Cob 3 ears to a pack 8oz
- \_\_\_\_\_ 4146230 Cut Corn 8oz
- \_\_\_\_\_ 4146330 Green Peas 8.oz
- \_\_\_\_\_ 4146430 Lima Beans 8oz
- \_\_\_\_\_ 4146740 Asparagus Spears 8oz
- \_\_\_\_\_ 4146840 Brussel Sprouts 8oz
- \_\_\_\_\_ 4146940 Collard Greens 8oz
- \_\_\_\_\_ 4146950 Kale 8oz
- \_\_\_\_\_ 4147040 Chopped Spinach 8oz
- \_\_\_\_\_ 4147140 Turnip Greens 8oz
- \_\_\_\_\_ 4147450 Broccoli Spears 8oz
- \_\_\_\_\_ 4147550 Broccoli Cuts 8 oz
- \_\_\_\_\_ 4147650 Whole Baby Carrots 8 oz
- \_\_\_\_\_ 4147750 Cauliflower 8oz
- \_\_\_\_\_ 4147850 Cut Okra 8oz
- \_\_\_\_\_ 4147950 Sliced Squash 8oz

**Grade “ A “ Fancy Potatoes**

*Your Choice of 4*

- \_\_\_\_\_ 4048130 Crinkle Cut Fries 2 lb
- \_\_\_\_\_ 4048135 Sweet Potato Fries 2.5lb
- \_\_\_\_\_ 4048136 Whole Roasted Baby Bakers 2.5lb
- \_\_\_\_\_ 4048137 Roasted Red Skin Potatoes 2.5lb
- \_\_\_\_\_ 4048330 Hashbrown Potatoes 2.8lb
- \_\_\_\_\_ 4048640 Gourmet Baked Potatoes w/Cheddar Cheese  
4/Pak 20oz

**Italian Night**

*Your Choice of 6 Items*

- \_\_\_\_\_ 7081625 Garlic Bread 2 Ct/32oz
- \_\_\_\_\_ 7081600 Pirogies 2lb
- \_\_\_\_\_ 7081570 Supreme Pizza 5"/6 Ct
- \_\_\_\_\_ 5050310 Cheese Pizza 5"/6 Ct
- \_\_\_\_\_ 5050410 Pepperoni Pizza 5"/6 Ct
- \_\_\_\_\_ 7081543 Italian Cheese Ravioli 3lb
- \_\_\_\_\_ 7081532 Chicken & Spinach with Mozzarella Ravioli 3lb
- \_\_\_\_\_ 7081535 Joyce Farms Chicken with Rosemary Tortelloni 3lb
- \_\_\_\_\_ 5050670 Lasagna Bolognese Family Style with Sauce 2lb
- \_\_\_\_\_ 7081610 Jumbo Stuffed Cheese & Shells 2lb
- \_\_\_\_\_ 7081545 Beef Ravioli 2lb
- \_\_\_\_\_ 5054410 Meatballs Cooked 2lb

**Organic Fruit by Cascadian Farms.**

*Your choice of 6*

- \_\_\_\_\_ 4249640 Organic Blueberries 10oz
- \_\_\_\_\_ 4049310 Sliced Peaches 1lb
- \_\_\_\_\_ 4249440 Organic Red Raspberries 10oz
- \_\_\_\_\_ 4249740 Organic Whole Strawberries 10oz

**Gourmet Desserts**

*Your Choice of 2*

- \_\_\_\_\_ 5661870 White Chocolate/Mac Nut Cookie Dough 2lb
- \_\_\_\_\_ 5661770 M & M Cookie Dough 2lb
- \_\_\_\_\_ 5661270 Chocolate Chip Cookie Dough 2lb
- \_\_\_\_\_ 5660050 Apple Pie 10"/3lb
- \_\_\_\_\_ 5660450 Pecan Pie 10"/2lb
- \_\_\_\_\_ 5660055 Cherry Pie 10"/3lb
- \_\_\_\_\_ 5660150 Pumpkin Pie 10"/2lb
- \_\_\_\_\_ 5058310 Plain Cheesecake 16 slices/4lb
- \_\_\_\_\_ 5660750 French Silk Pie 2lb

**Benefits of Rich Plan**

- Convenience: Free Home Delivery
- Save Time, Work & Hassle
- Quality: Restaurant Quality Meat - USDA Choice & Prime
- All Natural
- Nutritious & Wholesome
- Budget: Convent Monthly Budget Plan
- Pay as You Eat
- Service: Only a Phone Call Away
- Personalizes Service - Guarantee: 100% Complete Satisfaction
- Advertising Dollars: Go to Customers

**How do we order?**

- Place your order by phone or online.
- Our home economist can provide you with meal planning ideas.
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Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State" \_\_\_\_ Zip: \_\_\_\_\_

Mr. Mobile: \_\_\_\_\_

Mrs. Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

**R.P. – 3 Menu** is designed for 3 people in the family for 26 weeks 182 day based over 6 months

Rich Plan offers Easy way to pay: *Visa, Master Card, AMX, Discover, 90 days same as cash or open Account and pay monthly.*